

## THE REFINERY DIALOGUES LONGEVITY - LIVE LONG(ER) & PROSPER

You are cordially invited on the 14<sup>th</sup> of November to the inaugural event of The Refinery Dialogues, curated in partnership with Clariity.

Join us for an enlightening evening filled with education, socialisation and drinks. In a fireside chat with our experts, Andrew Cox and Philip Watkins, we will explore the fascinating landscape of Longevity and the Longevity economy. We will discuss the rapidly emerging science of Longevity, including key metrics and effective strategies to reverse the rate of aging. Additionally, we will have an engaging discussion on how to seamlessly integrate these insights into your daily life.

Andrew and Philip will bring their expertise to the subject of Longevity, combining current scientific knowledge with practical applications. Expect valuable insights that will enhance not only your long-term health span but also the quality of your everyday life.

To learn more about Andrew and Philip, please click HERE.

**Additional Highlights:** Enjoy products and prizes provided by Muviatality & Suivie along with drinks, and exclusive discounts on amazing health-promoting products and services from our collaborating companies.

## THURSDAY. 14<sup>TH</sup> NOVEMBER 2024

BAR & LOUNGES

6:30PM - 8:00PM

FEES : COMPLIMENTARY

LANGUAGE : ENGLISH

FORMAT : DYNAMIC AND INTERACTIVE DISCUSSION & Q&A SESSION

Remarks:

- Members are eligible to up to 3 guests.
- Seats will be allocated on a first come first served basis.
- E-mail confirmation will be sent to successful enrolments.
- Please arrive on or before 6:20pm. The workshop will commence promptly at 6:30PM.

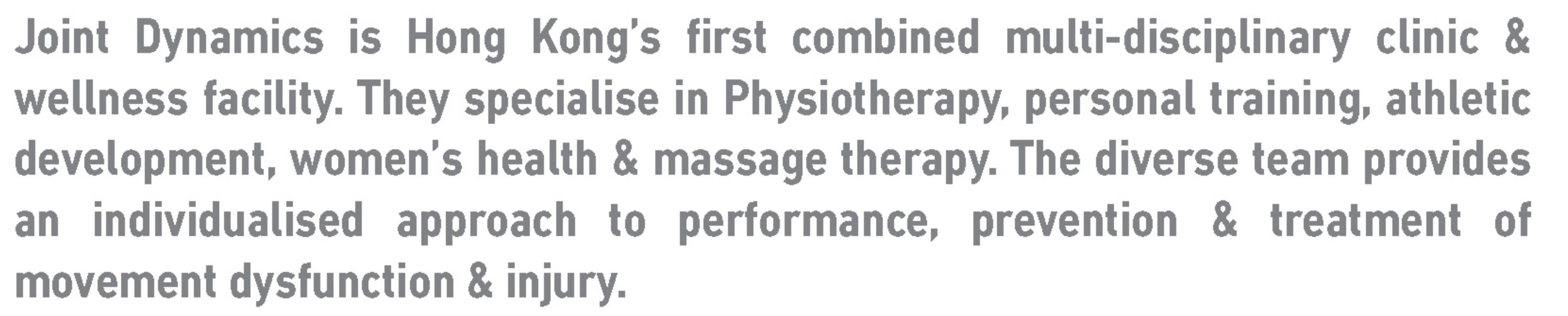
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About the Brand



Integrated Medicine Institute



## About the Brand

IMI is Asia's largest natural and integrated medicine clinic for over 30 years. Serving Hong Kong and Singapore, they focus on family medicine, physical and mental health, women's health, sports medicine, and more.

Supported by:

Clarity





For registrations, please either sign up online, contact us on 2216 5715 or e-mail us at membership@refineryclub.com.

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